

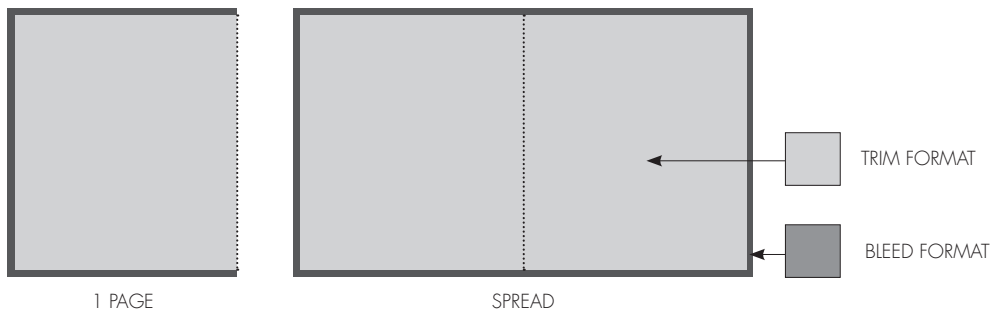
# PREMIUM

Lifestyle

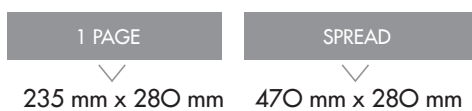
CALENDAR 2019

ISSUE ▼	THEME ▼	MATERIALS ACCEPTED BY ▼	READY FOR DISTRIBUTION ▼
Feb / March	<b>The Xploration Issue</b>	28 January	25 February
Apr / May	<b>The Vibrant Issue</b>	25 March	29 April
July / August	<b>The Good Stories Issue</b>	3 June	1 July
Oct / Nov	<b>The Success Issue</b>	9 September	7 October
Dec / Jan	<b>The Hygge Issue</b>	11 November	9 December

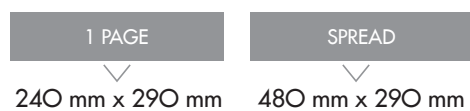
## THE PRINT SPECIFICATIONS



### TRIM FORMAT



### BLEED FORMAT



All high-res images and fonts must be included when the file is created.  
Image mode must be **CMYK**.  
Accepted file types are **PDF** or **TIFF/EPS** between **250** and **300 dpi**.  
No **RGB** or **JPEG** images should be used.

## CONTACT DETAILS

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